Table S3. Spearman correlations between NWA emotional/spiritual wellness and SF-36 emotional well-being at item level.

	SF-36					
NWA	**Item 24**	**Item 25**	**Item 26**	**Item 28**	**Item 30**	**Emotional well-being domain**
11.Inner peace	0.26 (0.001)	0.46 (<0.001)	0.50 (<0.001)	0.46 (<0.001)	0.42 (<0.001)	0.56 (<0.001)
12.Imp contribution	0.24 (0.003)	0.31 (<0.001)	0.36 (<0.001)	0.44 (<0.001)	0.30 (<0.001)	0.44 (<0.001)
13.Spiritual practice	0.26 (0.001)	0.44 (<0.001)	0.40 (<0.001)	0.46 (<0.001)	0.38 (<0.001)	0.50 (<0.001)
14.Chall relation	0.21 (0.01)	0.42 (<0.001)	0.38 (<0.001)	0.46 (<0.001)	0.35 (<0.001)	0.47 (<0.001)
15.Get outdoor	0.25 (0.003)	0.18 (0.03)	0.24 (0.003)	0.27 (0.001)	0.21 (0.01)	0.30 (<0.001)
Overall wellness	0.29 (<0.001)	0.46 (<0.001)	0.46 (<0.001)	0.52 (<0.001)	0.47 (<0.001)	0.59 (<0.001)
Total wellness	0.33 (<0.001)	0.53 (<0.001)	0.53 (<0.001)	0.58 (<0.001)	0.51 (<0.001)	0.66 (<0.001)
NWA: National Center on Health, Physical Activity and Disability (NCHPAD) Wellness Assessment; SF-36: Short Form-36 Health Survey						